

Dear Parent/Guardian,

Next week your child will begin a health unit on the topic of Family Life Education. Our Family Life Education unit is based on the philosophy that parents/guardians are the primary sex educators of their children. We see the role of the schools as supporting and supplementing the adult role at home by encouraging students to discuss what they have learned in class with you at home.

To reinforce this message, we are offering parents a way to become more involved in their child's Family Life class. Included in this packet is information which has been designed for children and parents/guardians to discuss together in the home setting. This information addresses the topics covered in Family Life class and gives parents/guardians the opportunity to reinforce family moral, religious and ethical beliefs about these issues of human sexuality.

In the next few weeks, the following topics will be presented. Please note that boys and girls will be separated, and the following lessons will be gender specific, meaning lessons will only focus on information about selves and self-care:

1. Introduction to Family Life Education. This lesson will establish ground rules for class discussion and review/introduce vocabulary terms.
2. Human reproductive system
3. Physical changes that take place during puberty
4. Menstruation (Only presented to girls)
5. Personal hygiene during puberty
6. HIV/AIDS
7. Personal Body Safety (presented by School Counselor)

4th Grade Teachers